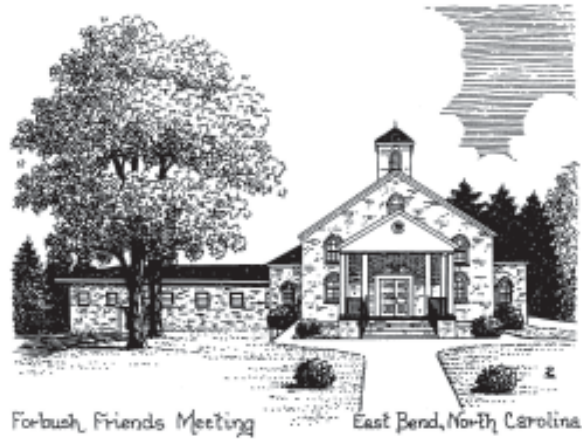


News from a Friend

a publication of
Forbush Friends Meeting
August 2009



From Pastor Andy

The apostle Paul wrote a letter to the Thessalonian believers saying, *“Do not put out the Spirit’s fire; do not treat prophecies with contempt. Test everything. Hold on to the good. Avoid every kind of evil.”*

In the ninth grade I was on the wrestling team. That’s right, 85 pounds of raw muscle, entering the ring for a near professional quality athletic competition. I did not win any matches, but I did learn two valuable lessons. Number one, I was not cut out to wrestle, but I did look awesome in the uniform. Number two, wrestling is hard work.

Forbush Friends is doing the hard work of wrestling for discernment. We are wrestling with which direction we should go in ministry. What is God’s will for Forbush Friends? How can we reach people for Christ in East Bend? How can we call people into a deeper relation-

ship to Christ? How can we become more connected as a community of faith? How can we go from people who see each other on Sunday morning, to a Christian family that bears one another’s burdens? How can we love each other deeply? How can we hold each other accountable and grow in discipleship? How can we keep people informed about what’s going on in our church? How can we communicate the great traditions of the Quaker denomination? How can we best use our new Family Life Center? How can we expand and support our incredible children’s ministry? How can we continue to grow our life changing youth program? How can we minister to the 20 something generation? How can we continue to plug our senior adults in new ministries and opportunities for ministry? What do we need to

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From Pastor Andy

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do differently on Sunday morning to communicate the Good News of Christ to a hurting world? How can we support missions locally and around the world? What new ministries should we begin? What's the good we should hold on to? What's the evil we should avoid?

Unlike high school wrestling, ours is not a single competitor event, but a group endeavor. We are in this together! On August 22, the Ministry and Council* at Forbush Friends headed out to spend a day in prayer and planning. Please keep us in your continued your prayers and let us know where you sense Christ's direction for our church. As you wrestle with God's will for Forbush Friends, how would you answer this question: *What do we do next?*

(*) Ministry and Council are members of our church charged with responsibility for the ordering of the spiritual life of our meeting. The members of the Ministry and Council are: Mike Fulp, Larry Doub, Andy Lambert, Heather Nystrom, Wendy Wooten, Wayne Matthews, Sandra Brown, Kathy Wooten, Kelly Matthews, David Cook, and Sarah Hutchens.

180fm The Rock

There are many things going on in the lives of our youth! First, we all want to thank you for participating in our Mystery Meal! I hope you all had a wonderful time and were able to share many laughs with your server and your table! Thank you for all of your donations; the youth are very excited to start decorating the youth room.

We are participating in a large event in September. We are going to be with many other youth from Yadkin and Rowan Counties sharing our faith door-to-door. With lots of prayer and willingness to put our faith in action, God will use our youth in many ways.

~Heather~

Youth Advisory Request

The Youth Advisory Committee is looking for volunteers to help with the Junior and Senior Youth. Any amount of time is appreciated, even if you can only help once a month or every other month. We are going to have a meeting for anyone interested in helping to hear our ideas about the coming year with the youth. The meeting is September 8 at 7 p.m. in the Youth Room.



Children's Choir

Does your child like to sing? Have them consider joining the Children's Choir!

For: Ages K - 5th grade
Practices: 1st and 3rd Sundays
Time: 3:00-3:30 p.m.
Performances: During the worship for special music on 5th Sundays



Awana Children's Program

Awana is our children's program for kids one year of age through fifth grade. Meetings are held on the 1st and 3rd Sundays of each month from 3:30-5:00 p.m.

Awana Club names by age are:

Puggles (Ages 1 to 2 yrs.)

Cubbies (Ages 3 to 4 yrs.)

Sparks (K - 2nd grades)

T&T (3rd - 5th grades)

If you have questions about the Awana program or would like to help, please contact Mandy Brown at 961-2430 or Wendy Rockett at 961-6710.

Family Fun at the Dixie Classic Fair!

Mark your calendar for the Dixie Classic Fair to be held Oct. 2-11 at the LJVM Fairgrounds. Full details on activities can be found at www.dcfair.org. Here are a few highlights:

Senior Adult Day: Oct. 6; Seniors adults 65 years of age and over are admitted free with a proper ID!

Unlimited Ride Days: Friday, Oct. 2; Monday, Oct. 5; Thursday, Oct. 8

Lowe's Food Can Day: Oct. 7; bring 5 cans of non-perishable Lowe's food products/house brand and get in to the fair free!

Winston-Salem Journal Family Fun Days: Oct. 11 and 12; discounted rides for kids age seven and under

What is the USFW?

USFW stands for the United Society of Friends Women. The women meet on a monthly basis to read a program based on the yearly theme and to support local, state, national and international mission projects. This past year's theme was *What is That in Your Hand?*

Local missions include Yadkin Christian Ministries. State missions include Quaker Lake Camp, Camp New Hope, North Carolina Young Friends seminars, scholarships, Friends Center Campus Ministry at Guilford College, Friends Home Assistance Fund, and Friends Disaster Service. National missions include MOWA Choctaw in Alabama, American Friends Service Committee Materials Assistance Program, and ACFIA women workers. International missions include Kenya Kasimbi Feeding Programme, Jamaica Lyndale Girls' School and Swift Pursell Boys School, Belize Feeding Program and scholarships, Kenya Kaimosi Hospital/Adopt-a-nurse, Ramallah Friends School and scholarships, Cuba, and Kenya Turkana/Samburu Missions Support. Information about the national and international missions can be found in a new format in *Quaker Life* or at www.fum.org. State and national

missions information can be located at www.ncym-fum.org.

How can you help support the USFW? Join us at our monthly meeting in the USFW room in the Family Life Center on the first Sunday at 2 p.m. We will be having a Pancake Breakfast on Saturday, September 12, from 7-10 a.m. in the Family Life Center. Donations will be accepted for the Family Life Center building fund. On Saturday, November 7, our annual auction sale will begin with a soup and hot dog supper at 4 p.m. with the auction to follow at 6 p.m. in the Family Life Center. Items for the auction will be greatly appreciated.

We are also needing help to create hygiene kits for the MOWA Choctaw Center. Please use gallon size zip-lock bags and include regular size items. Items needed include:

MEN: washcloth, shampoo, bar of soap, toothpaste, toothbrush, deodorant, shaving cream, razors (2 if disposable), comb, fingernail clippers

WOMEN: washcloth, shampoo, bar of soap or body wash, razor, toothpaste, toothbrush, deodorant, tampons or pads, comb, lotion

CHILDREN (2-9): washcloth, tear-free shampoo and body wash, toothpaste, toothbrush, comb.

Place bags or individual items in the USFW room.

In the forthcoming newsletters, we will profile our missions in further detail. Continue to pray for all the missionaries who have chosen to serve in areas beyond their local boundaries.

Traveling Friends

Traveling Friends will be taking an excursion on Tuesday, Sept. 15 to Shatley Springs. The vans will leave the church at 7 a.m. All senior citizens are invited to attend. If you have questions, please see Abe Heath or Andy Lambert.

Quaker Lake

Looking for a place to have an office retreat, conference, school field trip, or corporate meeting? Think about Quaker Lake! Quaker Lake is open year round for such events. To find out about the facilities, costs, etc. call 336-673-2321 or visit the website www.quakerlakecamp.org.

Check the church website at www.forbushfriends.org for info on church activities, to see a photo gallery of church events, etc.

MOWA Choctaw Friends Center

MOWA Choctaw Friends Center, located in McIntosh, AL, was established in 1984 by the Associated Committee of Friends on Indian Affairs. N.C. Yearly Meeting approved to assume ownership of the property and the call to ministry in August of 2006. Jennifer (Cook) and Corey York serve as directors and provide a series of programs to the community, including the following:

- * After School Program for kindergarten to 5th grade
- * Weekly Kids Club & Youth Group
- * Weekly rummage sale
- * Community potluck meals
- * Emergency assistance & food pantry
- * Summer SOUL Program
- * GED Classes
- * Internet Cafe for Teens
- * Work projects
- * Other Community Activities (Fall Festival, Pig Pickin', Basketball Tournament)

Remember them in your prayers. Feel free to drop a note/email of encouragement to them at:

MOWA Choctaw Friends Ctr.
66 Academy Lane
McIntosh, AL 36553
(251) 829-6507
york@ncym-fum.org

Test your Quaker knowledge!

Can you name these Quakers?
(Answers are on the back!)

1. What founded Pennsylvania?
2. Who was the 31st president?
3. Who was credited with making the first American flag?
4. What two Quakers signed the *Declaration of Independence*?
5. What civil rights activist has had her own coin?
6. What sharpshooter was featured in Buffalo Bill's Wild West shows?

Interested in submitting something for the church newsletter?

Want to submit something for the church newsletter? We are looking for items that might be of interest to other church members! We'd love to include Yearly Meeting news, youth event news, congratulations bits, book/author reviews, concert/event information, etc. Please send all items to Sandra Brown at svbrown@yadtel.net.

**Know that some editing of items may be needed to fit available space!!*

Gospel Concert Info



There are some concerts coming up in the near future that might be of interest to you.

❖ Singing in the Smokies Labor Day Weekend Festival
Date: September 5-6
Location: Inspiration Park, Bryson City
Talent: On Sept 5, Land of the Sky Boys with Little Ernie Phillips, Mountain Faith, Travelers Quartet, & the Inspirations will perform; On Sept. 6, the Primitives, the McKameys, & the Inspirations will perform
Tickets: \$15 each
Ticket info: Call 828-497-2060 or www.theinspirations.com

❖ The Hoppers & Gold City
Thursday, Sept. 10, 7 p.m.
Location: First Wesleyan Church at Providence Place, High Point, NC
Tickets: \$15 per person
Ticket info: Call 1-800-965-9324

Dates to Remember

USFW Breakfast: Sept. 12
Steak Supper: Oct. 10
Homecoming: Oct. 25
Revival: Oct. 25-28
USFW Sale: Nov. 7

Forbush Friends Library

Mission Statement: to provide resources available to all members of our congregation which help them grow in their knowledge of their Lord and Savior, Jesus Christ, and to nurture their faith and spiritual lives.

The purpose of the our church library is to provide books and other materials that will:

1. help promote a better understanding of our Christian and Quaker heritage
2. encourage members to grow in their Christian faith and daily living
3. provide wholesome literature and other materials for recreational reading and other activities.

Our library provides a variety of media for you and your family, including: books (fiction and non-fiction), videos, DVDs, audio books, music CDs, and Bible study series. We have something for every age group and interest. New items are being added on a monthly basis and we now have over 1,500 items on our shelves. We are a donor-driven library and rely on support from the church members with books being donated throughout the year, often in memory or honor of someone.

The library is open all day on Sunday and Wednesday evenings,

and we use a self checkout system. The library is located at the end of the hall in the educational wing so please take a few moments to browse through our collection. You will be blessed!

In each newsletter, we will try to provide you with another church member's suggested reading or favorite author testimonial. If you have a favorite book or author and would be willing to provide a brief statement or review, please email it to Sandra Brown for the next issue!

Karen Kingsbury is an inspiring novelist who writes about modern day problems and situations that could happen to any family. Her writings incorporate scripture that applies to the problem or need. She has written many stand alone titles and series.

The "Redemption" series is based on the Baxter family. Once you start reading, you have trouble putting it down! You want to read just "one" more page.

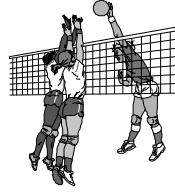
Always check the front of her books so that you read a series in order. Most of her over forty titles are in our church library.

I always look forward to her next release. I'll be at the book store on October 20 for her new book titled Shades of Blue.

June Hayes

Congratulations Corner!

Congratulations to **Rachel Wooten** for making the JV Volleyball team at Forbush High School!



Congratulations to **Nicholas Doub** who was a member of the



Forbush High School Hunter Safety team that finished first in the NRA Youth Hunter

Education Challenge in Raton, New Mexico, in July. The team competed in eight events: wildlife identification, hunter-safety responsibility, muzzleloader, rifle, shotgun, archery, hunter-safety course, and orienteering. The team finished first in archery, rifle and shotgun, second in wildlife identification, and third in hunter-safety responsibility.

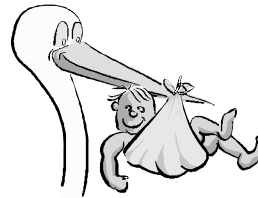
Congratulations to **Ashley (Hawks) & Jake Lubel** on their recent marriage! Their new address is: 23 Pierside Drive, Apartment 329 Baltimore, MD 21230



Young Adult Beach Retreat



There will be a Young Adult Beach Retreat coordinated by N.C. Yearly Meeting on Sept. 25-27 to Cherry Grove Beach. The theme is "Got Change?" The cost is \$60 but there is a \$10 savings if you register by September 19. Full registration info can be found at www.ncym-fum.org/



The Stork Report!

Congratulations to **Ryan and Nicole Rodriguez** on the arrival of **Ryley Stryker** on August 6, 2009, weighing in at 7 lbs 9 oz. and 20 inches long. Proud grandparents are Greg & Karen Miller, Sue & Terry Fletcher, and Rick Rodriguez. Proud great grandparents are Kate and the late Alvin Hutchens, Floyd & Marion Miller, and Richard & Patricia Stryker.

Quaker Trivia Answers: 1. William Penn; 2. Herbert Hoover; 3. Betsy Ross; 4. George Clymer, Pennsylvania; Joseph Hewes, N.C.; 5. Susan B. Anthony; 6. Annie Oakley